



# Head Start Lunch

January 2019

31

No School  
Winter Break

1

No School  
Winter Break

2

Walking Taco   
Deli on the Go:  
C Ham Sandwich  
Chicken Caesar Salad  
w/ Crouton  
Refried Beans, Celery Sticks,  
Fruit & Veggie Bar

3

Chicken Patty  
Deli on the Go:  
C Ham Sandwich  
Chicken Caesar Salad  
w/ Crouton  
Mashed Potatoes, Red Pepper  
Stripes Fruit & Veggie Bar

4

Cheese Pizza  
Deli on the Go:  
C Ham Sandwich  
Chicken Caesar Salad  
w/ Crouton  
Steamed Broccoli, Baby  
Carrots, Fruit & Veggie Bar

7

Breaded Chicken  
Drumstick  
Deli on the Go:  
Make-Your-Own-Pizza  
Popcorn Chicken Salad  
w/ Crouton  
Mashed Potatoes, Grape  
Tomatoes, Fruit & Veggie Bar

8

Hamburger  
Deli on the Go:  
Make-Your-Own-Pizza  
Popcorn Chicken Salad  
w/ Crouton  
Baked Beans, Cucumber  
Slices, Fruit & Veggie Bar

9

Chicken Patty  
Deli on the Go:  
Make-Your-Own-Pizza  
Popcorn Chicken salad  
w/ Crouton  
Mashed Potatoes, Celery  
Sticks, Fruit & Veggie Bar

10

Soft Shell Taco   
Deli on the Go:  
C Ham Sandwich  
Chicken Caesar Salad  
w/ Crouton  
Steamed Carrots, Celery Sticks,  
Fruit & Veggie Bar

11

Max Pizza Sticks  
Deli on the Go:  
C Ham Sandwich  
Chicken Caesar Salad  
w/ Bread  
Steamed Broccoli, Baby  
Carrots, Fruit & Veggie Bar

14

Hamburger on a Bun  
Deli on the Go:  
C Ham Sandwich  
Chicken Caesar Salad  
w/ Crouton  
Baked beans, Celery Sticks,  
Fruit & Veggie Bar

15

Chicken Nuggets w/  
sliced bread  
Deli on the Go:  
C Ham sandwich  
Chicken Caesar Salad  
w/ Crouton  
Green Beans, Fresh Zucchini,  
Fruit & Veggie Bar

16

Mini Corn Dogs  
Deli on the Go:  
C Ham Sandwich  
Chicken Caesar Salad  
w/ Crouton  
Mashed Potatoes, Fresh  
Tomato, Fruit & Veggie Bar

17

Chicken Patty   
Deli on the Go:  
C Ham Sandwich  
Chicken Caesar Salad  
w/ Crouton  
Steamed Carrots, Broccoli, Fruit  
& Veggie Bar

18

No School

21

No School  
MLK Day

22

Hamburger  
Deli on the Go:  
C Ham Sandwich  
Chicken Caesar Salad  
w/ Crouton  
Green beans, Celery Sticks  
Strips, Fruit & Veggie Bar

23

Chicken Nuggets   
Deli on the Go:  
C Ham Sandwich  
Chicken Caesar Salad  
w/ Crouton  
Orange Glazed Carrots, Fresh  
Zucchini, Fruit & Veggie Bar

24

Hot Dog on a Bun  
Deli on the Go:  
C Ham Sandwich  
Chicken Caesar Salad  
w/ Crouton  
Baked Beans, Celery Sticks,  
Fruit & Veggie Bar

25

Cheese Pizza  
Deli on the Go:  
C Ham Sandwich  
Chicken Caesar Salad  
w/ Crouton  
Mashed Potatoes, Baby  
Carrots, Fruit & Veggie Bar

28

Mini Corn Dogs  
Deli on the Go:  
Make-Your-Own-Pizza  
Popcorn Chicken salad  
w/ Crouton  
Corn, Fresh Broccoli, Fruit &  
Veggie Bar

29

Chicken Patty   
Deli on the Go:  
Make-Your-Own-Pizza  
Popcorn Chicken salad  
w/ Crouton  
Mashed Potatoes, Red Pepper  
Stripes Fruit & Veggie Bar

30

Soft Shell Taco  
Deli on the Go:  
Make-Your-Own-Pizza  
Popcorn Chicken salad  
w/ Crouton  
Refried Beans, Zucchini, Fruit &  
Veggie Bar

31

Chicken Nuggets  
Deli on the Go:  
Make-Your-Own-Pizza  
Popcorn Chicken salad  
w/ Crouton  
Mashed Potatoes, Celery  
Sticks, Fruit & Veggie Bar

1

Max Pizza Sticks w/  
marinara  
Deli on the Go:  
Make-Your-Own-Pizza  
Popcorn Chicken salad  
w/ Crouton  
Steamed Broccoli, Baby  
Carrots, Fruit & Veggie Bar

## Did you know...

**SideKicks® Fruit juice products** are 4.4 fl. oz. of smooth-frozen, 100% fruit juice. Every cup has two flavors for irresistible appeal. With just 90 calories per cup, we have added them to our menus as a fruit component.

## More info...

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